#### November 2015

# A Note from Our Rector



Sermon for All Saints Day Year B John 11:32-44

All Saints Day is one of the most underrated church holidays of the year. It is overshadowed by its more glamorous cousins, All Hallow's Eve and Thanksgiving, similar to how Holy Saturday gets lost in Holy Week.

Darker Parts of Grief can we washed in holiness when brought before God. But All Saints Day can bring us a unique blessing just as Holy Saturday does because they are days that are about how some of the darker parts of human experience can be washed in holiness when they are brought before God. All Saints Day is so important because it is the one church holiday set aside during the year to tend to our grief. We experience grief on Good Friday and Holy Saturday, but that grief is for the suffering and death of Christ.

All Saints Day is for us, for re-

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membering the people we loved, who were important to us, who made an impact on our lives and then died and left us behind. Grief is one of life's most powerful human experiences, and grief is often very lonely. Many of us have awakened on the morning after the death of a loved one and simply marveled at how the sun can rise another after our world has been abruptly destroyed. We are grateful for all the concern friends and colleagues show us, but find it so strange to realize that while they truly felt sorry for us during the time they were in conversation with us or the moment they kindly took to send us a card or email, this event that turned our world upside down really meant very little to them. Of course no one would love or care for or agonize over our departed loved one the way our own family would.

**Grief is Surreal** Rather it is just so surreal to realize that after someone says something kind to us

Special p	oints of	interest:
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- Youth Group Dates
- ECW
- Jesus and Me
- Haunted House Pictures
- Stephen Ministry

The Good News

# A Note from Our Rector, continued

about it, that person will go right back to thinking about whatever they were doing just minutes before. It is a realization that all of us have at some time or another that our own personal battles and tragedies and defeats really matter very little in the big picture of the world.

On All Saints Day, in God's Holy Church, the losses that we have borne over the years come front and center and are named for all to hear, on holy ground.

Our grief is no longer lonely and isolating. On All Saints Day, our grief is no longer lonely and isolating, but we gather in this sanctuary and let our grief bind us together in a new and powerful way. As the green and life of the summer die and go to their winter rest around us, so we bring up the pain of loss on purpose in this rhythm, year after year. And each year that we revisit the loss, the pain softens and loses a little sharpness, begins to go to its own winter rest.

Naming our loved ones, we honor their lives, their memories. Every time we name our loved ones among the saints, we honor not only their lives but also recall our memories both painful and joyful. And it is so important to honor their memories. Most of our departed loved ones had a funeral to commemorate them. But the funeral happens right after the loss and often our emotions are completely chaotic. If you have lost someone close to you, you probably remember the days in the immediate aftermath as a haze of confusion. There are hundreds of details to attend to and we have to deal the volatility of family brought together in a pressure cooker of emotion. Frankly it is often not a time to treasure the memory of the departed. Many grieving families float through the funeral in a sort of disconnected shock.

All Saints Day comes to our aid. This is where All Saints Day comes to our aid once again. There is no chaos, there are no arrangements to be made, no being singled out to sit at the front of the church in a black suit or dress, no finding directions to the cemetery. We are all in this together, and the ones we are remembering are long settled in their resting places.

All Saint's Day is our chance to be private about our grief. All Saint's Day is our chance to be private about our grief, taking our time to remember and reflect. Yet together, we all enter our own quiet heartspace ...at the same time, in the same place. As you bring up the faces of your dearest departed before your mind's eye, cherishing the chance to do so peacefully and uninterrupted, your neighbor is doing the same.

We enter the valley of the shadow of death together, and walk through it in solidarity with one another. There is someone else who walks with us in our grief, and that is Jesus.

In our gospel today, we see Jesus in the exact situation we have faced in our own lives—the inevitable but painful death of a loved one, Lazarus. —He said,\_Where have you laid him?' They said to him,\_Lord, come and see.' ...**Jesus began to weep**."

Jesus sees so much pain in his lifetime, and he bears it so well. He sees five thousand hungry and poor on a hillside needing him to feed them, and he doesn't cry. He sees people tormented by demons, bleeding or paralyzed or diseased for years, and he doesn't cry. He continues his ministry and cares for them. But here, at last, **Jesus breaks down** for the simple, everyday loss of a beloved friend. One of his best friends gets sick and dies, and Jesus weeps.

# A Note from Our Rector, continued

We can be in solidarity with Jesus And so perhaps on this day of letting our heartaches step out into the open on holy ground, we can be in solidarity with Jesus as much as he is with us. He always bears the burden for us. Maybe today we can say, —Jesus, we understand how you feel. We're sorry you lost your friend. We love you. Come be with us for a while and we'll all be in this together" Jesus brought his friend back, just as on the final day we will all be brought back to life by him to live with him and in him.

**Calling out our loved ones!** And how did Jesus raise Lazarus up to new life? How did he bring him back from the dead? By calling his name. —Lazarus, come out!" Today, we're doing the same thing. We're calling out the names of the ones we loved who have passed on, and they answer. **They are res-urrected in our hearts,** brought to life in this time and place. Whether on one side of the border between life and death or the other, we all want to be with our loved ones. As the communion of saints joins spirits across the divide today, we may realize that we are being called by name today as well, named and loved by the ones who have gone before us.

**CPE – four things I learned** In Clinical Pastoral Education that I did in Miami years ago, I learned many things from my advisor. As a hospital chaplain, you are called into people's rooms when death is near or after death of a loved one has occurred. The family wants some support, but they don't know what to do in their grief. So, we gather in a circle around the loved one and pray to God to come into our hearts and minds as we stand together in grief. As chaplain, you then give the family instructions and permission to talk to their loved one:

- 1) I love you...
- 2) I am sorry for... please forgive me
- 3) I forgive you for...
- 4) I wish I would have said or done... but I'm doing it now.

Then let us take a moment, and call out our loved ones in our hearts. Let us resurrect our loved ones in our minds. Let us say to them:

1) I love you...

2) I am sorry for... please forgive me.

3) I forgive you for...

4) I wish I would have said or done... but I'm doing it now.

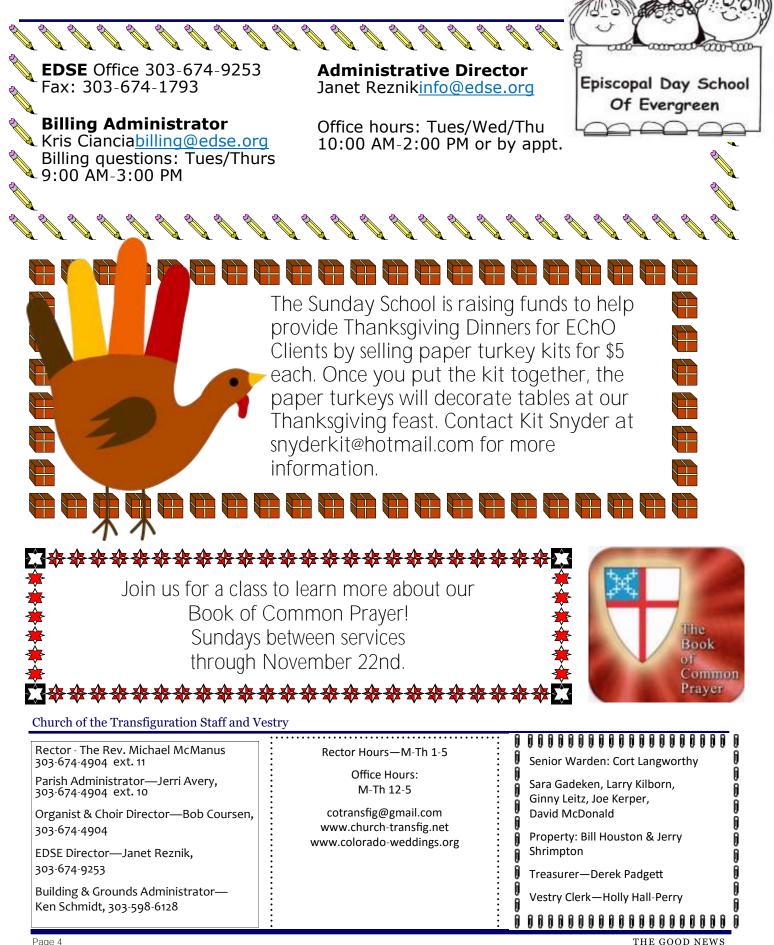
Let us come together individually, and together with Jesus at this time and in this place to call out our loved ones to resurrection.

Thank you to The Rev. Whitney Rice and the Rev. Patricia (CPE - Miami)

God's Peace.

Michael+

# EDSE



#### The Maltese Cross and Chiming Bells

The Maltese Cross cushion was donated by Gene and Marcia Younger to honor their children, Gregory and Gwendolyn. It was stitched by Gerry Mangney and Kit Muire. The Maltese cross is associated with the Knights of Malta, also known as the Knights of St. John, founded



by Amalfitian merchants in about 1070. (Amalfi was an Italian republic of the 11th century.) The purpose of the order was to aid and care for pilgrims making the journey to the Holy Land, then under Moorish rule. In 1136, it became a fully militarized order, and was given the island of Malta as their sovereign land by Charles V of Spain in 1530. It is still of national symbol of Malta. The eight points of the cross are believed to represent the eight vows taken by the knights: 1) live in truth 2) have faith 3)repent of sin 4) give proof of humility 5) love justice 6) be merciful 7) be sincere and whole hearted 8) endure persecution. Or it may represent the eight Beatitudes. Or it may represent the eight points of courage: 1) loyalty 2) piety 3) bravery 4) generosity 5) contempt of death 6) glory and honor 7) helpfulness to the sick and the poor 8) respect for the church.

This cross is also the symbol of firefighters everywhere, because when the Knights of Malta fought the Saracens for possession of the Holy Land, they encountered for the first time a new weapon – fire. As they advanced upon the city, the knights were struck by glass bottles containing naphtha, and when they were saturated with the highly flammable liquid, the Saracens hurled flaming torches into their midst. Fire departments thus recognize the Knights as the first firefighters. The Maltese Cross is often confused with Nazi Germany's Iron Cross, which does not have the deep V cuts in the arms of the cross that form the eight pointed cross of the Knights of Malta.

Chiming Bells are a tall flower with a blue bell-shaped blossom that is pink at the base. When we moved here in 1964, and until we left in 1996, it grew everywhere, especially in ditches along the roads. The children would pick it on the way home from school, which we allowed them to do as long as they did not pull the plants up by the roots, and all summer our house had vases of wild flowers on the tables. When we returned in 2009, we did not see them much anymore and I do not know why. A Haunting in Evergreen



# A Haunting in Evergreen





A huge thank you to the Avery family for this funand profitable \_\_\_\_\_ tradition! Proceeds were donated to church ministries!



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**Our next meeting is Wednesday, November** 18, 2015 at 6:30 p.m., in the church.

We will discuss Case Histories: A Novel by Kate Atkinson

All are invited to join in on this fun and interesting group—ladies AND gentlemen! Even if you have never come to any of the meetings

before, please come.....and bring friends! You can come even if you haven't read the book, too! Please bring a snack and drink to share.

If you have question or concerns, email: Shelley Black—shelleyfblack@gmail.com Kit Snyder—snyderkit@hotmail.com

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### Jesus and Me (JAM)

A group for ages 11-13/middle school 2<sup>nd</sup> and 4<sup>th</sup> Sundays at 10:15

### Volunteer teachers needed!

Please contact Stephanie Park (stephaniepark911@gmail.com) to volunteer for 1 or more Sundays throughout the year-

#### no permanent commitment required!!!

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Fr. Michael will review the Gospel lesson with you prior to vour

chosen Sunday, and there will always be another adult with you to help teach!! JAM sessions will only be about 30 minutes and then you can all return to church for communion!

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# Sausage and Lentil Soup

INGREDIENTS

- 1 lb Italian sausage (You can also use Italian turkey sausage)
- 1 large onion, chopped
- 1 stalk celery, chopped
- 2 large carrots, chopped
- 1 small zucchini, chopped
- 6 cups chicken broth
- 2(14 1/2 ounce) cans diced tomatoes, undrained
- 2 -3 garlic cloves
- 1 teaspoon salt
- 2 cups dry lentils
- 1 tsp red pepper flakes (less if hot sausage)
- 1 tsp basil
- 1 tsp oregano
- 1 tsp parsley
- 1/2 tsp black pepper
- ½ tsp Thyme
- Serves 6 to 8

#### DIRECTIONS

Brown sausage; drain off fat.

In a large pot combine all ingredients bring to boil.

Reduce heat, cover.

Simmer for about 1 hour or until lentils are tender. Add water if necessary, for desired consistency. Optional - puree about 1 cup of the soup and add back to pot to give it a thicker consistency.

Sprinkle with Parmesan cheese and serve.

MULTIPLY BY 8 FOR ECHO RECIPE



# Parish Thanksgiving Dinner

The annual Parish Thanksgiving Dinner will be held **Sunday**, **November 22 at 5 00 pm**, either at the church or in Douglas Hall, depending on how many people are coming. Jeni Warnken is in charge; the torch has been passed to a new generation. Please sign up on the poster at the back of the sanctuary -- what can you bring, how can you help,

whether you will come. Bring family, friends, out of town guests, visiting dignitaries -- in fact, go out on the highways and hedges and compel them to come. (Luke:14, 33)

> We have so much for which to be thankful for this year -- many new members, the sound of children's
> voices in the sanctuary once again, a truly beloved Rector and a dynamic First Lady, the revival of the ECW, the start of the youth group, of JAM, the prayer shawl ministry, the almost-completed renovation of St. Raphael's, of which will be the jewel of our campus. As well we give thanks for the on-going ministries; the Altar Guild, the choir, the Sunday School, the property committee, the vestry, the acolytes, servers, ushers and greeters, the school, the soup makers, Emil Gadeken's unstinting labor on St. Raphael's and all those who helped him. Let come together to rejoice together in all the blessings which God has bestowed upon us. Let us also remember all whom we have lost, especially Warren Berggren, and know that in spirit they are with us as well, sharing our joy and our thanks.

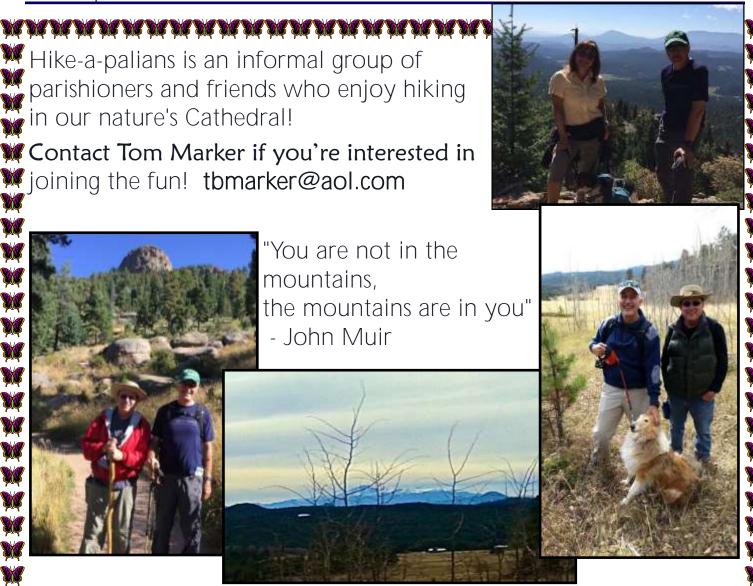


If you are interested in Stephen Ministry, please contact Ginny Leitz at <u>303-674-4459</u>

We need baked goods for the alternative fair. -- pies, cakes, cookies, bread, rolls, scones -- whatever you love to bake. Please bring them to the church at 4:00 pm Friday, November 13 and stay to wrap them beautifully. Ribbons, cards and packaging material will be there but we need your imagination and creativity to make them stand out. Please stay to wrap. Call Sara Gadeken at 303 679 3050 if you have questions.

*Lectio Divina Please plan to join us on the first Saturday of the month at 9:00 am in the church.* 

# Hikeapalions



<sup>•</sup> Looking for bakers for our communion bread. The recipe is easy and only takes up a • small amount of time every couple of months.

Call or email Georgine McCarthy, 303-517-7118 or gmccarthy0982@comcast.net if you'd like to join our baking team. Our new schedule will start in February .

Mix till yeast dissolves 1 cup warm water 1 Tb. Yeast 3 Tb. Honey 1/3 cup flour Let rest until the Yeast starts to bubble.

• Add: 1 1/2 Tb. Oil 1/2 teas. Salt • 2 1/3 cup of flour

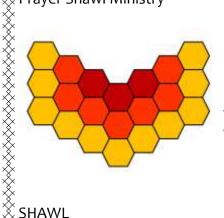


Knead for five minutes. Turn back into bowl, cover, and let rise until doubled about one hour. Punch down, roll to 1/4 " thick. Cut into one 3" round and five 4" rounds. Place on un greased cookie sheet. Let rise for 10-15 minutes. Cut a cross on each.

Bake at 350 for 10-12 minutes (Whole wheat flour)

#### Shawl Ministry, Coat Drive

#### Prayer Shawl Ministry



Cold months sitting in front of a warm fire, watching football, knitting needles (or crochet hook) in hand is the vision of an avid Prayer Shawl participant. Hopefully the Broncos will play well and Luckily with Homespun yarn it is textured and a simple knit pattern is all that is needed.

The Trinity Pattern consists of three knit, three purl across the whole row. The second row then does the same thing except that you want the three purls to be above the three knitted stitches. This pattern creates a lovely shawl full of prayer.

#### SHAWL

Cast on 66 stitches.

Row 1: (Knit 3, purl 3) until the last 3 stitches, knit 3.

Row 2: (Purl 3, knit 3) until the last 3 stitches, purl 3.

Repeat these 2 rows until piece measures about 60 in. (152.5 cm). Bind off.

To learn more about knitting or crocheting, join the Prayer Shawl Team on the 1st Wednesday of the month from 1-3

Any questions on joining the ministry or inquiring about the shawls,

Email Liz Jones @ lizj2@comast.net or Georgine McCarthy @gmccarthy0982@comast.net

#### **COAT DRIVE!**

Mean Street Ministries and the Denver Mission are collecting coats and winter items to be given to those in need. Please place your donations in the box at the back of the church. Last year, our church was able to collect 50 coats! This year we are aiming for 100 coats!

If you have any questions, please contact Jennifer Francis at queenbead72@yahoo.com We will also gladly accept: Hats Scarves Mittens/gloves **Sweaters** Jackets Thank you for your donations and support of this ministry to those less fortunate.

EChO needs frozen turkeys for Thanksgiving baskets. Please watch the sales, pick up a turkey of whatever size you want and bring it to church **Sunday, November 15**. We will add them to the offertory to fulfill Jesus's command

to us to feed the hungry, remembering his words "*Whatsoever* you do unto the least of them even so you do unto me." EChO would also like pies for the baskets, so if you forget to bake a pie in time for the Alternative Fair, please bring one Sunday the 15th

The **ECW** will meet at St. Raphael's at **9 am on Saturday November 14**. This is the same day as the Alternative Fair but Stephanie has checked the roster and only two or three of us are signed up to work then.

Our speaker will be Ann Bolson, vice-president of At Home, a group dedicated to finding low-cost housing in Evergreen. She will speak to us on the dire need for affordable housing for the working poor in Evergreen.

Since rents in Evergreen began to sky rocket a few years ago our local merchants, especially the grocery stores and restaurants, are becoming unable to retain the entry-level workers that are essential to their businesses, because there is no affordable housing for them. These merchants are desperately appealing to At Home for a solution. Almost nothing in Evergreen, including the old cabins our church rents out, cost less than \$600 a month, far beyond the reach of an entry-level worker whose monthly take-home pay is a little over \$800. Moreover, their workers cannot find lower rents in Denver and drive to work in Evergreen because they cannot afford the kind of cars that will reliably get them here.

And why should we care? As Christians, we care first because these workers are children of God and therefore our brothers and sisters for whom we are responsible -- "inasmuch as you have done it to the least of these, you have done it unto me," said Jesus, and, according to Jesus, the consequences of not doing it unto him are most unattractive. On a secular plane, we are dependent on such workers to keep our economy running and our lives pleasant. If we want a nice meal at the Bistro or Willow Creek, for example, we won't get it unless entrywage workers are there to wait on our table, mop the floor, and clean the bathrooms. If we shop at King Soopers, we depend on a low-wage worker to sack our groceries, sweep up the spills, and stock the shelves. If Willow Creek or Kings Soopers cannot provide these services because there is no place for workers to live, then they cannot stay in business and we will not have our nice comfortable lives.

The whole of our industrial/capitalist system depends on a vast network of low-cost workers, as New Orleans discovered to its cost after Katrina drove out the working poor. For example, our beloved prayer shawl group, in order to make its exquisite creations, requires not only the workers who raise and shear the sheep or grow the cotton, and those who spin it into yarn. It also requires highways upon which a trucker can drive the yarn to Evergreen, and when he stops for lunch then he needs, and therefore the prayer shawl group also needs, someone to cook the food that someone else grew, and someone to wash the dishes and to clean the toilets. Then there's the gas for the truck and the shop where the yarn is sold, and we can work out the elaborate networks that both these require. We are all dependent on each other, rich and poor, and the low-paid worker who cleans out the grease trap in our favorite doughnut shop is not only as spiritually worthy but as essential to our health and well being as the physicians, corporate executives, and entrepreneurs whom we are more likely to admire. The need for low-cost housing for the working poor in Evergreen, therefore, is a need that touches everyone of us, spiritually and secularly. Please come to the meeting and learn what we can do

#### Church of the Transfiguration – Youth Events Calendar

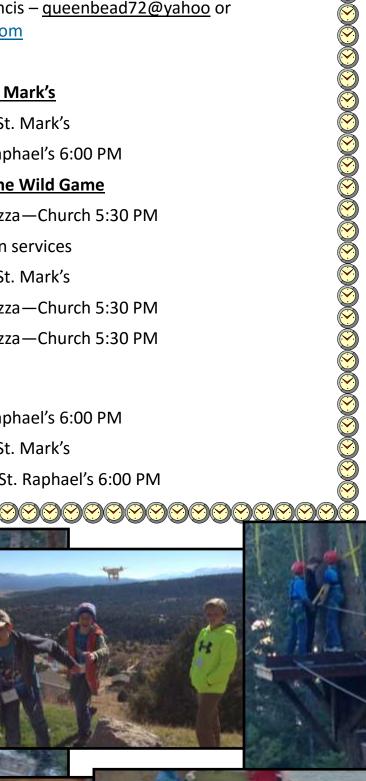
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For further information contact: Jennifer Francis – <u>queenbead72@yahoo</u> or Robyn Mangham – <u>robynmangham@gmail.com</u>

#### <u>NOVEMBER</u>

	)	
Ŏ	11/1	Youth Group 5:00-7:00 PM—St. Mark's
X	11/8	JAM (Jesus and Me) at 10:15 in St. Mark's
	11/11	YAC Committee Meeting – St. Raphael's 6:00 PM
$\overline{\bigcirc}$	11/15	Youth Group 5:00-7:00 PM at The Wild Game
	11/20	Advent Wreath assembly and pizza—Church 5:30 PM
	11/22	Advent Wreath delivery between services
Ø	11/22	JAM (Jesus and Me) at 10:15 in St. Mark's
	11/27	Advent Wreath assembly and pizza—Church 5:30 PM
X	11/27	Advent Wreath assembly and pizza—Church 5:30 PM
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	DECEMBER	
	12/2	YAC Committee Meeting – St. Raphael's 6:00 PM

- JAM (Jesus and Me) at 10:15 in St. Mark's
  - 12/18 Youth Group Christmas Party St. Raphael's 6:00 PM
- Quest Youth Retreat







#### Announcements



#### **Prayers**

#### Anointing and Healing Prayers

Anointing and healing prayers are offered by Father Michael and the Daughters of the King during the 10:15 service on the last Sunday of each month. All are welcome to come to the front of the church after communion for this special offering. This month the prayers will be on **November 29th.** 

#### Morning Prayer Service

Sponsored by the Daughters of the King and in fellowship with EDSE will be offered again at a time to be determined in the church. The Daughters and Friends of the Episcopal Day School extend an invitation to all to attend this wonderful service. Please feel free to walk the Labyrinth after.

#### **Evening Prayer Service**

Also sponsored by the Daughters of the King is offered on the second and fourth Mondays of each month at 5:30 pm in the Chapel of St. Mary and St. Joseph. The next Evening Prayer services will be **November 9th and 23rd.** 





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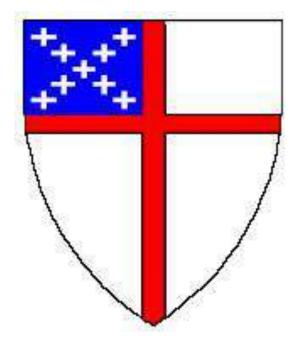
November Birth	* * * * * *	* * * * * * * * * * * *					
Rev. Michael McManus	11/3						
Ed Work	11/5	XXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXX					
Marcia Younger	11/6	Anniversaries					
Chris Keaton	11/12	Bill & Joella Borchelt					
Dixie Kilborn	11/16						
Mary Hatfield	11/18	Ŕ ŔŔŔŔŔŔŔŔŔŔŔŔŔ					
Patsy Langworthy	11/19						
Mychelle Mowry	11/21	Norembor					
Robin Tems	11/28	≫ 6 8					
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# November 2015

SUNDA Y	MONDAY	TUESDA Y	WEDNES- DA Y	THURS- DA Y	FRIDAY	SA TUR- DA Y
1 8 am Holy Eucharist 9:15 Inquirer's 10:15 am Holy Eucharist 5 Youth Group	2	3	4 9-3 EDSE 1 Prayer Shawl 7:30 pm AA	5 9-3 EDSE 9:30 Morning Prayer 7 Choir	6 9-3 EDSE	7 8 am AA 9 Lectio Divina
8 8 am Holy Eucharist 9:15 Inquirer's 10:15 am Holy Eucharist and Sunday School and JAM	9 9-3 EDSE 5:30 Evening Prayer	10 9-3 EDSE 5:30 Friendship Bridge 6 Property Committee 7 EChO Board Meeting	11 9-3 EDSE 7:30 pm AA	12 9-3 EDSE 9:30 Morning Prayer 7 Choir	13 9-3 EDSE	14 8 am AA 9 ECW
15 8 Holy Eucharist 9:15 Inquirer's 10:15 Holy Eucharist and Sunday School	16 9-3 EDSE	17 9-3 EDSE	18 9-3 EDSE 6:30 Book Club 7:30 pm AA	19 9-3 EDSE 9:30 Morning Prayer 7 Choir	20 9-3 EDSE 5 Youth Group	21 8 am AA 5-8 Piano Recital
22 8 Holy Eucharist 9:15 Inquirer's 10:15 Holy Eucharist and Sunday School and JAM 5 Parish Thanksgiv- ing Dinner	23 9-3 EDSE 6 Vestry 5:30 Evening Prayer	24 9-3 EDSE	25 9-7 Turkey Trot Registration Set- up 7:30 pm AA	26 7 Turkey Trot Registration	27 5 Youth Group	28 8 am AA
29 8 Holy Eucharist 9:15 Inquirer's 10:15 Holy Eucharist with Healing Prayers and Sunday School	30 9-3 EDSE					
	Meadow St. Mark's	Chapel Stewart Lounge	Church Douglas Hall St. Raphael's	Wilderness Cabin		

# THE CHURCH OF THE TRANSFIGURATION

27640 Highway 74 P.O. Box 1630 Evergreen, Colorado 80439 303-674-4904



We're on the Web! www.church-transfig.net

## Newsletter Submissions

Please contact Stephanie Park with ideas, suggestions and monthly reports for the newsletter. <u>Monthly</u> reports to be submitted **no later than the 22nd** of each month.

stephaniepark911@gmail.com 303-564-0210





Have something to add to the newsletter?!?! Please contact Stephanie Park. (see contact information to the left).

Upcoming ideas for pages: recipe exchange, community coupons, trivia and games.

ALL IDEAS WELCOME AND ENCOURAGED!!!